



# AJEENKYA

## D Y PATIL UNIVERSITY

### End Term Examination (December 2019)

**School:** Hotel Management

**Program:** B.Sc. CA

**Course:** Food & Ayurveda

**Course Code:** GEX 127

**Semester:** III

**Max Marks:** 50

**Duration (mins):** 120

**Note:** Figures to the right indicate full marks.

**Q1.** Solve any two from following questions, **(10 Marks)**

1. How Vata gets imbalanced? Write down Vata aggravating foods.
2. Write down Panch Mahabhutas in details.
3. How Pitta gets imbalanced & write down Pitta aggravating foods.

**Q2. a)** Solve any one of the following question, **(10 Marks)**

1. Write down in detail about Panchkarma treatments.
2. Write down in detail about Kapha.

**Q2. b)** Solve any two of the following, **(10 Marks)**

1. Write down basic principles of Ayurveda.
2. Write down in detail about Kapha aggravating foods.
3. Write down in detail about Trigunas.
4. Write down the types of immunity.

**Q3.** Solve any four of the following, **(20 Marks)**

1. Write down any one Ayurvedic Plant and their use in cooking.
2. Write down in detail about Food Combinations.
3. Write down in detail about Marma Points of Ayurveda.
4. Write down any one Ayurveda Recipe.
5. Write down in detail about Trigunas.
6. Write down the types of Nature.

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