



# AJEENKYA

## D Y PATIL UNIVERSITY

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### End Term Examinations (December 2018)

School: School of Hotel Management

Program: BSc in CA

Course: Basic Food Nutrition

Course Code: HOM114

Semester: II

Max Marks: 50

Duration (mins): 120 Min.

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Note: 1. Figures to the right indicates full marks.

Q 1. Solve any three of the following. 15 Marks

1. Write down definitions of the following,
  - a. Protein
  - b. Vitamins
  - c. Nutrition
  - d. Nutrients
  - e. Balance diet
2. Write down in detail about, fats and its functions.
3. Write down in detail about types of vitamins
4. Write down in detail about proteins.

Q 2. Solve any one of the following 10 Marks

- a. Write down in detail about water
- b. Write down in detail about carbohydrates

Q 3. Solve any two of the following 10 Marks

- a. Write down the functions of the following
  - i) Water ii) Vitamins iii) Carbohydrates iv) Proteins v) Fats
- b. Write down the names of the following
  - i) B1 ii) B2 iii) B3 iv) B7 v) B6
- c. Write down five food groups and their main nutrients.

Q 4. Solve any two of the followings 10 Marks

- a) Write down principals of planning diet.
- b) Write down points to be considered in planning a diet.
- c) Write in detail about balance diet.
- d) Write down in detail about food groups and their serving size.

Q.5 Write in detail about minerals in detail. 05 Marks