



**AJEENKYA**  
D Y PATIL UNIVERSITY

THE INNOVATION  
UNIVERSITY

### Report on Live Webinar

सृजन वेल्फेयर सोसाइटी  
अ विनय अ पालनसम्

## LIVE WEBINAR

**GUEST SPEAKER :**  
**Ms. Aishwarya Bhati**  
Senior advocate,  
Additional Solicitor General Of  
India for Supreme Court Of India

Know your rights  
AS A LAWYER  
AS A LAW STUDENT  
AS A LAW EDUCATIONALIST

**DATE :- 25TH OCTOBER ,2020**  
**TIME :- 1:00 P.M**

**REGISTER FOR FREE**  
**HURRY UP !! LIMITED SEATS LEFT !!!**

Organized by : SRAJAN WELFARE SOCIETY

Facebook :- Srajan Welfare Society : Instagram :- @srajanwelfaresociety : Email Id :- srajan.wsi@gmail.com  
:Contact number :- 8120300194

On 25<sup>th</sup> 2020, a live webinar was conducted on the topic "Know Your Rights as a Lawyer, Law Student, and Legal Educator." The event aimed to provide valuable insights into the legal rights and responsibilities of individuals within the legal profession, including practicing lawyers, law students, and educators. This report summarizes the key points discussed during the session, offering a clear understanding of rights at different stages of legal education and practice.



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LIVE WEBINER ON "KNOW YOUR RIGHTS"

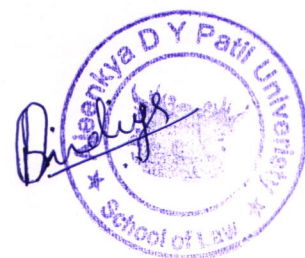
In the legal profession, understanding one's rights is fundamental to ensuring justice, professional growth, and ethical conduct. A recent webinar titled "Know Your Rights as a Lawyer, Law Student, and Legal Educator" sought to address the rights and responsibilities that accompany each stage of legal education and practice. This essay explores the rights of lawyers, law students, and legal educators, shedding light on the protections and privileges that enable them to perform their roles effectively and with dignity.

## **RIGHTS OF LAWYERS**

Practicing lawyers play a vital role in upholding the rule of law and advocating for their clients. To perform these duties effectively, they are granted several rights that ensure their professional independence and integrity. One of the primary rights of a lawyer is the right to practice law, which is contingent upon their registration with the Bar Council. This allows lawyers to represent clients in court, provide legal advice, and engage in various legal services. However, this right also carries with it the obligation to adhere to ethical standards, maintaining professionalism without undue interference.

Another critical right that lawyers enjoy is the right to privileged communication. This principle ensures that all communications between a lawyer and their client remain confidential. Known as attorney-client privilege, it protects sensitive information shared by the client, preventing its disclosure without explicit consent. This right fosters trust between the lawyer and client, which is crucial for building a strong defense or legal strategy.

Lawyers also have the right to fair remuneration for their services. Their fees, as agreed upon with the client, must be reasonable and transparent, ensuring fair compensation for their efforts. Additionally, lawyers are entitled to fair treatment in courts, where they should be treated with dignity and respect. Judges must ensure that the courtroom remains a place of fairness and impartiality, where lawyers can argue their cases without facing undue bias or intimidation.



## **RIGHTS OF LAW STUDENTS**

Law students, as the future professionals of the legal world, are entitled to certain rights that ensure a conducive environment for learning and development. One of the key rights is the right to quality legal education. Law students are entitled to receive education from accredited institutions that provide well-structured curricula, access to competent faculty, and resources such as legal databases and libraries. This ensures that they are well-prepared to enter the legal profession with a solid understanding of the law

In addition to classroom learning, law students have the right to practical exposure, which is typically provided through internships and legal training programs. These opportunities allow students to gain hands-on experience in legal practice, learning about courtroom proceedings, client interactions, and legal research. Such practical exposure is essential in bridging the gap between theoretical knowledge and real-world application.

Law students are also protected by the right to equal opportunity. No student should face discrimination based on factors such as gender, race, religion, or socioeconomic background. Educational institutions are responsible for providing an inclusive environment where all students can thrive. Furthermore, law students have the right to freedom of expression, which allows them to engage in legal debates, discussions, and even activism, provided it is within the bounds of institutional codes of conduct.

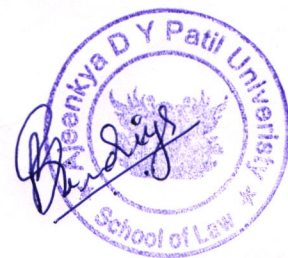


## **RIGHTS OF LEGAL EDUCATORS**

Legal educators, as the guides and mentors shaping the future of law, are entitled to rights that support their professional growth and academic freedom. One of the most significant rights is the right to academic freedom. This allows educators to teach, research, and express their scholarly opinions without interference. Academic freedom is essential for fostering innovation and critical thinking within the legal education system, enabling educators to contribute to the evolution of legal thought and practice.

Legal educators also have the right to professional development, which provides them with opportunities to enhance their skills and stay updated on developments in the legal field. By attending seminars, workshops, and conferences, educators can continue to grow in their careers and impart the most current knowledge to their students. Furthermore, educators are entitled to fair compensation for their work, in accordance with institutional guidelines. They deserve job security, equitable pay, and fair working conditions that reflect their contributions to the legal profession.

In addition to their teaching duties, legal educators have the right to participate in academic governance. This involves playing a role in decision-making processes within their institutions, from designing curricula to shaping policies that impact legal education. Participation in governance ensures that educators' voices are heard and that their expertise is considered in shaping the future of legal education.





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**EMOTIONAL TIMES IN THE TIMES OF COVID. (2020)**  
**- Group Talk Sessions at Ajeenkya DY Patil University.**

**Hosted by** - Ms. Priya Abraham, Head, Student Services Team.

**Curators:** Ms. Sneha Satheendran, Student Counselor.  
Asst. Prof. Ms. Debasmita Sinha.

**Date:** 10. 04.2020

**Timings:** 4pm - 5pm.

**Plan of Action:**

Every one hour session is divided into two parts wherein the first half will be covered by Asst Prof. Ms. Debasmita Sinha and the second half will be covered by Student counselor-Ms. Sneha Satheendran, Points covered in the first half:

- Coping Mechanisms.
- Therapeutic Exercise.
- Effective Management.
- Mindfulness Techniques.

Points covered in the second half:

- Crisis Response Awareness.
- Emotional Awareness.
- The current state.
- Sharing Activity.

Q/A Questions:

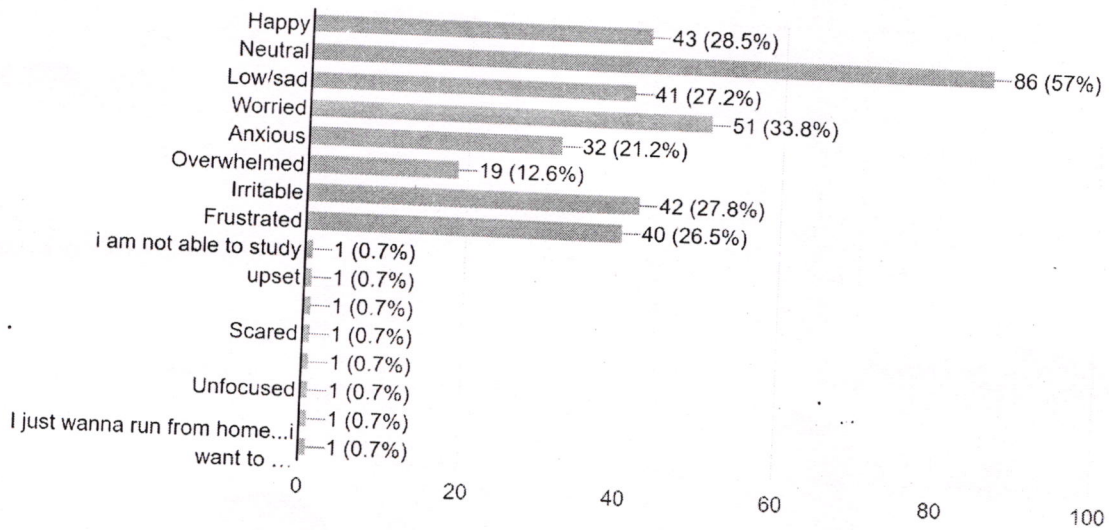
- How can one maintain productivity during these times?
- How can we stay connected to others?
- How can we follow self care during high times of distress?



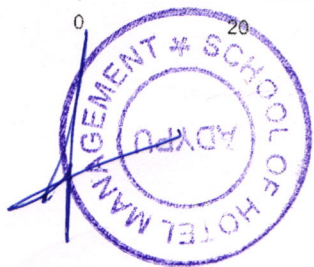
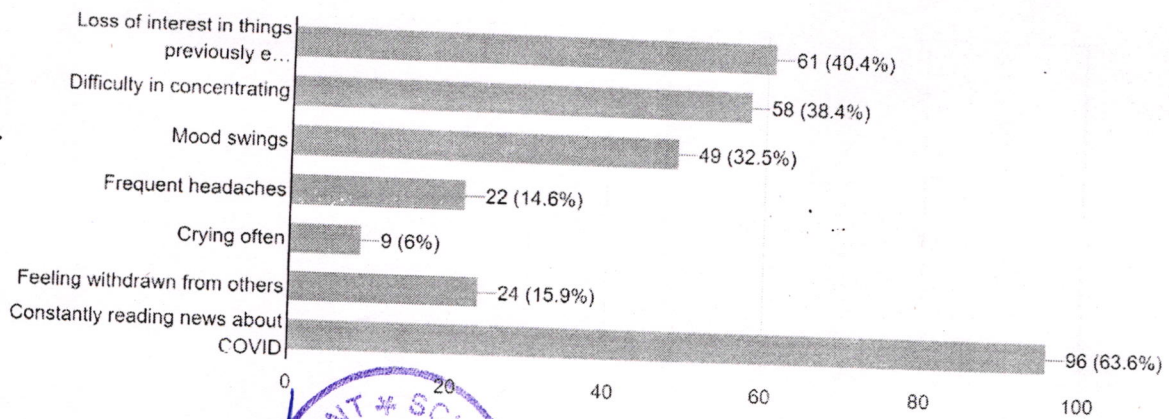
Details of session one(Questionnaire):

The students were asked a set of following questions in view to understand their concerns and how they were feeling during the current Covid-19 situation. The report numbers are as follows:

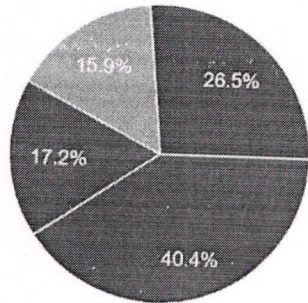
How has your mood mostly been during the lock-down?(You can select more than one if it applies)  
151 responses



Have you noticed any of the following in yourself since lock-down?  
151 responses

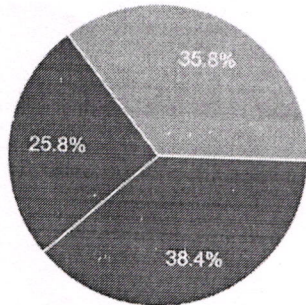


Have you noticed changes in your sleep pattern since lock-down?  
151 responses

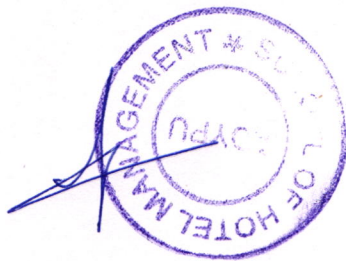


- Sleeping more
- Having difficulty sleeping
- Disturbed/broken sleep
- No change

Have you noticed changes in your appetite since lock-down?  
151 responses

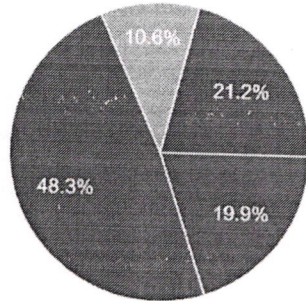


- Eating more
- Do not feel like eating
- No change



Have you noticed changes in your energy level since lock-down?

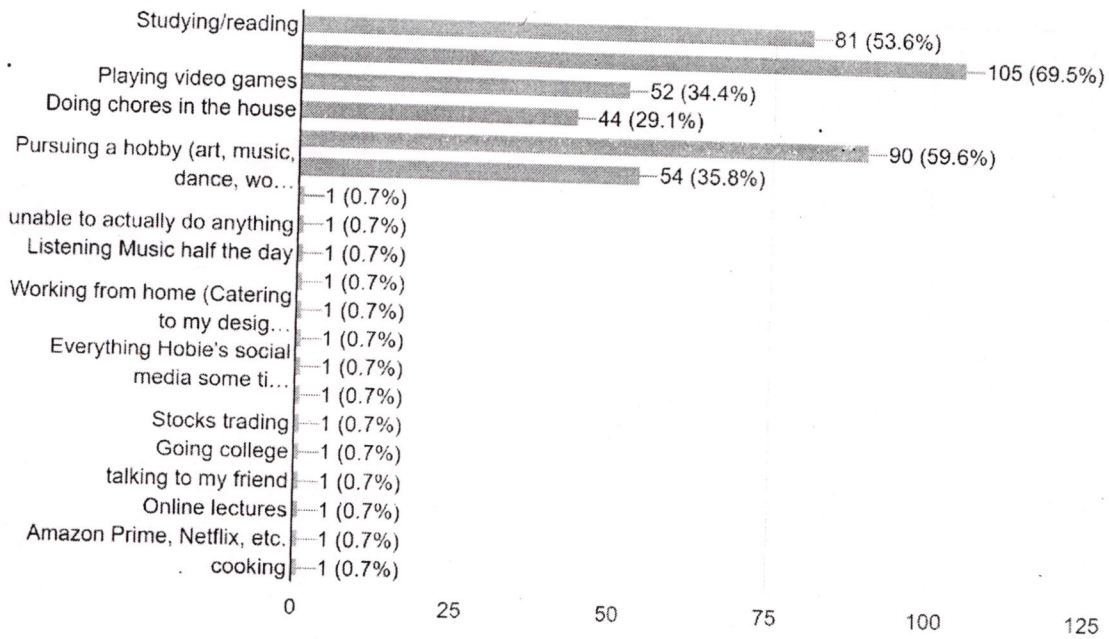
151 responses



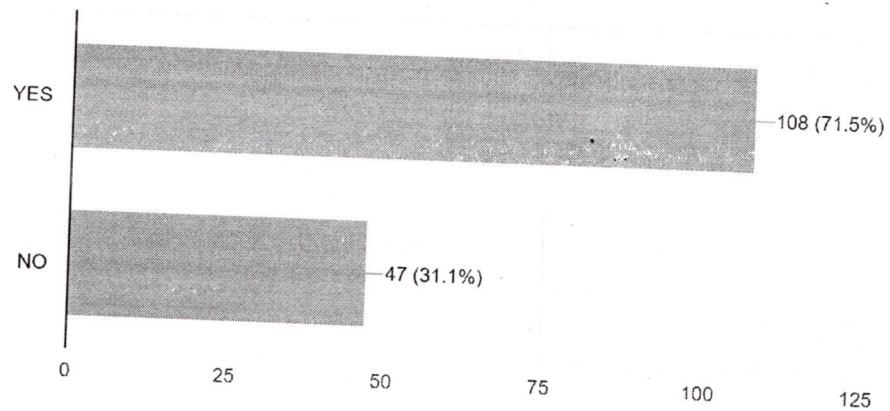
- Feel rested and energised
- Feel tired even after getting enough rest
- Feeling tired due to extra work
- No change

What are the top three things you are doing to occupy yourself?

151 responses



Would you like to join an online group talk session guided by psychologists to learn more about coping with the pandemic and lock-down? (The grou... conducted on 10th April, Friday, 4 pm to 5 pm.)  
151 responses



Total number of students attended: 51  
Time: 1 hour.

**SESSION 2:**

Date: 17.04.2020

Time: 12pm - 1pm.

Topic- Toxic Positivity and its Effects.

Total number of Students attended: 15.

Points covered: Understanding Emotions, Validating Emotions, Rationalising and Journaling for Mindfulness.

**SESSION 3:**

Date: 24.04.2020

Time: 12pm - 1 pm.

Topic- Dealing with Family/Friends around you during Lockdown Times.

Total Number of Students Attended: 6.

Points covered: Building healthy family dynamics with pointers and how to build a routine.

**SESSION 4:**

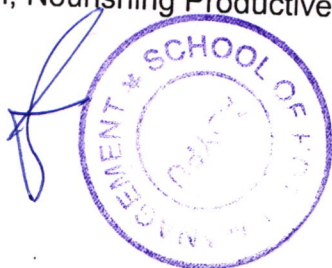
Date: 1st May, 2020

Time: 12pm - 1pm.

Topic- How to Accept the New Normal after Covid-19.

Total Number of Students Attended: 5.

Points covered: The outlook on life, the way we work, Developing connectedness, Better Preparation, Nourishing Productiveness.



**Session 5**

Date: 8.05.2020

Topic: Practicing Self-care during times of COVID-19

Self-care is any activity that we do deliberately in order to take care of our mental, emotional, and physical health. Good self-care is the key to improved mood and reduced anxiety.

Total Number of Students Attended: 3

**Session 6**

Date: 15.05.2020

Topic: Practicing Emotional First Aid and Mindfulness during Covid-19

As humans, we sustain common psychological injuries such as rejection or failure as regularly. In such times, it becomes imperative that we take care of our mind by practicing giving it emotional first Aid. It is both important for our well being and our holistic Growth.

Total Number of Students Attended: 3

**Session 7**

Date: 22.05.2020

Topic: "Bringing Positive stories from the Journey of COVID 19"

As the pandemic has taken over the world by storm, it is also important that we share a lens towards the silver lining and the positivity through this difficult time. It is necessary to focus on both sides during the current period.

Total Number of Students Attended: 2

**Session 8**

Date: 29.05.2020

Topic: Discussion on Accepting and Living with COVID-19

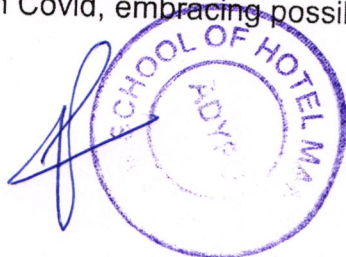
The World Health Organization seems to express the inevitability of living with COVID 19 in the following times to come. In such a case, we have to plan, prepare, and cope with stress during the outbreak. In such a circumstance, let us find out comparative ways on how we can live with hope and resilience through the pandemic.

Total Number of Students Attended: 1

**Session 9**

Date: 05.06.2020

Topic: Life with Covid, embracing possibilities



Every situation places before us several possibilities. So does COVID. We need to learn to choose and embrace the possibilities that speak to life and healing. Keep a hopeful frame of mind. The session this Friday will bring forth what experts in the field say and our own experiences.

Total Number of Students Attended: 2

**Session 10**

Date: 12.06.2020

Topic : Self Love.

We come from a culture that largely believes that if you praise a child they will become arrogant and criticism, comparison and competition will motivate them. Furthermore, loving oneself is often looked at as selfishness and taking care of oneself is laughable. In the discussion, this Friday we talk about how Self Love impacts us, why is it so talked about and how to cultivate it.

Total Number of Students Attended: 3

**Session 11**

Date: 19.06.2020

Topic: Recognising Depression or Anxiety Disorder.

Mercifully not everyone goes through Depression or Anxiety Disorder. However, that is also why not everyone understands the experience of these disorders or how to respond when themselves or someone around them is suffering from them.

This Friday ie 19.06.2020 we will shed some light on the much needed conversation around mental health.

Total Number of Students Attended: 3

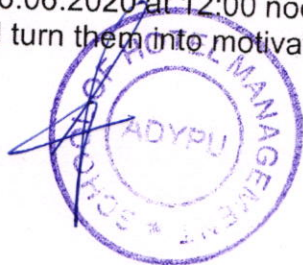
**Session 12**

Date: 26.06.2020

Topic: Learning to turn bad days into motivating experiences

As we all know no day is alike in anyone's life. There are days when we feel that we have achieved whatever we had set for that day and feel elated and fulfilled. We typically call them good days. Then there are some days which have not gone the way we planned and we term them as bad days.

In continuation to the videos sent this week, we will speak about how we can assign meaning to the bad days which, in turn will motivate us, rather than feel upset about it. Join in this Friday 26.06.2020 at 12:00 noon for an online talk and let's learn to overcome these bad days and turn them into motivating experiences.



Total Number of Students Attended: 3

**Session 13**

Date: 03.07.2020

Topic: Importance of having a strong Mindset

As we all know, everyone faces challenges in various stages of life. No one is immune to it. We cannot escape challenges or the feeling of vulnerability, but how we view and face it is important.

In continuation to the videos sent this week, **Join in this Friday 03.07.2020 at 12:00 noon** for an online talk where we will speak about the importance of having a strong mindset and understanding what mindset is all about.

Total Number of Students Attended: 2

**Session 14**

Date: 10.07.2020

Topic: Savouring every moment and absorbing every Experience

In continuation to the videos sent this week, **Join in this Friday 10.07.2020 at 12:00 noon** for an online talk where we will speak about the importance of savouring every moment and absorbing every experience.

Total Number of Students Attended: 1

**Session 15**

Date: 17.07.2020

Topic: Staying Healthy

**Videos sent- Summary**

- 11.04.2020 Video 1 : Controllables and Uncontrollables
- 13.04.2020 Video 2: Kindness
- 20.04.2020 Video 3: Grounding Exercise
- 22.04.2020 Video 4: Positive affirmations, focussing on good things in life
- 28.04.2020 Video 5: Soothing Techniques to avoid stress
- 01.05.2020 Video 6 : Reflection & how to gain motivation from past experiences.
- 04.05.2020 Video 7: Narrative exercise
- 08.05.2020 Video 8: Self Care.
- 11.05.2020 Video 9: Self Care - Simplified"
- 13.05.2020 Video 10: Maintaining An Appreciation List and a Gratitude journal for self, during COVID



- 19.05.2020 Video 11: Maintaining Emotional Well-being
- 20.05.2020 Video 12 : Maintaining Emotional Well-being i.e. the quality of emotions that an individual experiences
- 26.05.2020 Video 13: Finding Inspiration
- 27.05.2020: Video 14 : Grounding Exercise"
- 01.06.2020 Video 15: Accepting and living with COVID 19
- 03.06.2020 Video 16: Living with COVID 19 & Preparing our inner Self
- 08.06.2020 Video 17: Self Love & Compassion – 1
- 10.06.2020 Video 18: Self Love & Compassion – 2
- 18.06.2020 Video 19: Anxiety & Depression – 1
- 20.06.2020 Video 20: Anxiety & Depression – 2
- 23.06.2020 Video 21 : Dealing with Emotional Vulnerability-1
- 25.06.2020 Video 22 : Dealing with Emotional Vulnerability – 2
- 30.06.2020 Video 23 : Dealing with Uncertainty – 1
- 02.07.2020 Video 24 : Dealing with Uncertainty - 2
- 07.07.2020 Video 25: Savouring - Absorbing & Simply Enjoying the Experience – 1
- 09.07.2020 Video 26: Savouring - Absorbing & Simply Enjoying the Experience – 2
- 14.07.2020 Video 27 : Staying Healthy – 1
- 16.07.2020 Video 28: Staying Healthy - 2

**Channel name: Mental Health & Emotional Well-Being**

Channel Url:- <https://www.youtube.com/playlist?list=PLN68VvD-yV3baTxvkVdJKVUHmgg8VakbY>

Below mentioned are the url's for the sub theme videos under the channel(Individual Videos)

